

Circle of Life Thunderbird House



November/December

Community workshops
All Welcome

Women's 7 Sacred
Teachings

Tuesday Evenings
Time: 6 – 8 pm

Men's 7 Sacred
Teachings

Thursday Evenings
Time: 6 – 8 pm

Elder's Teachings

Wednesday's
Time: 1 – 3 pm

Location: 715 Main Street
Call 940-4240
www.thunderbirdhouse.com

Nurturing our families

Introducing individuals and families to the fundamentals of Aboriginal teachings and practice.

A 5-week series presented by: Ken Courchane
Date: Saturday's
Time: 11:00 am to 2:00 pm

Nov 1 = Week 1 - Overview of History, Culture, and Language

Learn about our history and the resurgence of old traditions and language. Understanding our history helps us heal and stays unified as a family unit.

Nov 8 = Week 2 - Parenting and Community Responsibility for Children

Parenting is a community commitment and a child is not raised by one person. As a community we need to support one another with all our family systems. Learn and honour the traditional parental role.

Nov 22 = Week 3 - Spirituality

Our spiritual connection to life and the sacredness of life. Incorporate spirituality into the way we live our lives and the way build healthy families.

Dec 6 = Week 4 – Importance of Language and Cultural

Importance of preserving traditional knowledge, history, stories, songs, and traditions. Help our young people to enhance their knowledge and learn about their ancestors. Incorporate traditions, customs and activities that draw families and communities together.

Dec 13 = Week 5 – Re building Families

In order to live life to the fullest, we need the wisdom of the past, the knowledge of today, and the vision of tomorrow.